Interviewing and Follow Up

Interviews make most people anxious. The best way to feel confident about talking to employers about yourself is to be prepared! Practice these common interview questions with a friend, in the mirror, with your Co-op + Career Advisor, or even write down your answers. Also, be prepared to answer any questions about salary before the interview. Use this negotiation guide to begin your research.

Present your best self when going through the interview process by using tips from this interview prep handout. Always have a list of questions ready to ask at the end of the interview including, “What is the timeframe for making a hiring decision?”. Asking this question will give you a better understanding of when the employer plans to get back to you so you'll know when to follow-up. If you think you will be asked technical questions, use this handout to prepare. At the end of the interview, remember to thank everyone you spoke with and ask for business cards or contact information. You will need to send a thank you email to each person.